

Maybe some of you don't remember all the background to this 'Doctor Who' episode. The Doctor and his companions have found themselves in the middle of a war between two different species, human and the Hath, on a world which is a barren desert. The two species don't speak the same language, but both are searching for 'the Source.' What is 'the Source'? The humans tell the Doctor that, when the Goddess had finished creating the universe, she looked upon her creation and sighed. That sigh had been captured as 'the Source', and if the humans found 'the Source' they could use this to kill the Hath.

Today's DVD clip shows what happens when the humans and the Hath find 'the Source.' The Doctor, as you saw, realises that 'the Source' is designed to bring life to the barren planet. 'No more fighting; no more killing.' Although the humans and the Hath can't speak each other's language, they put down their guns when they see

the new life released by ‘the Source.’ A new unity, a new harmony, forms between them.

Many religions have this idea that there is an aspect of the God which brings life and peace. For example, in Islam the Holy Spirit is another name for the angel Gabriel, who brings strength and encouragement to prophets. Jews also write of the ‘Spirit of God,’ which is the source of life, the very breath of God and the air in our own lungs. Christians see the Holy Spirit as the third person of within God, Father, Son, and Holy Spirit. A common idea in these religions is that the Holy Spirit inspires people and brings life and peace, unity and harmony.

We saw all that in our clip from the ‘Doctor Who’ episode. The humans believed that ‘Source’ was the sigh of the Goddess, the breath of God. The Doctor released this breath, and so life came to a planet which had been a desert. The ‘Source’, like that

spirit of God, brought peace and harmony between two species who couldn't even understand each other's language.

Unity and harmony. Our world needs unity and harmony. We hear news about the fights between nations, between people of different religions, between people of different skin colours. But we don't have to look at the tv to see fighting going on. There can be misunderstandings and fights in homes, in schools, on our streets.

The Holy Spirit, the 'Source', tells us that we are all part of something much bigger than ourselves. When we look at each other, we shouldn't look for the things which make us different. When we look at each other, we see that we are all alive, we all come from the same creator. We are more like each other than different from each other.

It's not always easy to remember that, though. People do upset us, don't they, but

saying things we don't agree with or acting in ways we don't understand or like. How should we react? First off, take a deep breath. That air is life, the life that fills you, the life which came from the Spirit. And, secondly, remember that the person who upset you is filled with that same air, that same life. They have as much right to that air, that life, as you do.

The Holy Spirit is part of us, that part of us which gives us life and joy and peace. We can work with the Holy Spirit to bring harmony to the world around us. Like the humans and the Hath, we can decide not to fight anymore.

The Christian Bible tells us, 'The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.' Let's all work together to bring peace and harmony in our homes, our schools, our neighbourhoods, and our nation. Thank you.